

Woodland JCC — Depression Screenings

To meet the requirement for one center-wide mental health activity per year, Woodland Job Corps Center participated in National Depression Screening Day. A table was set up in the cafeteria during the student lunch hours, manned by the Wellness Manager, Genevieve Clinton, and the center mental health consultant (CMHC), Dr. Angela Priester. To draw students to the table, students were given treats and challenged to guess how many candies were in a jar filled with candy.



Students were provided with information about depression and were invited to complete the Patient Health Questionnaire-2 (PHQ-2), a 2-question depression screening tool. Large boxes were utilized as screens so the students could complete the forms in private. The screening forms were quickly scored by Dr. Priester and those who scored above a certain number were asked to complete the Patient Health Questionnaire-9 (PHQ-9). All the students who were asked to do so cooperated and the PHQ-9 forms were later scored by Dr. Priester. While the Wellness department was already aware of the mental health needs of some of the students who had elevated scores on the PHQ-9, others had not been brought to the staff's attention before this screening. Dr. Priester or the CMHC intern, Jacqueline Ladd, followed up with all of the students with elevated scores.

Great Onyx JCC — HEALS Activity

Every year in June, Great Onyx Job Corps Center hosts a HEALS activity where staff and students spend the day doing physical activities together, complete with a dunk tank. The staff and students also participate in a taste test with healthy drinks, fruits, and vegetables. The cafeteria staff does a cookout and educates students on meat portion sizes and the benefits of eating fruits and vegetables. Just for fun, the center rented a dunk booth so students could dunk staff members.



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New Haven JCC — Destructive Decision Making

New Haven Job Corps Center brought in an acting troupe to perform a skit on destructive decision making prior to students' winter break. The skit was funded by the state and covered dating violence, social media, and sexual health.



Oneonta JCA — Red Ribbon Week

Oneonta Job Corps Academy celebrated Red Ribbon Week. During the week, students participated in activities that promoted being drug free. For the last three years, the K9 Unit from Sidney, NY, has given the center a demonstration on how police dogs operate. The students enjoyed getting to know Milton the German Shepard. An informative Q & A took place afterwards with Trooper Snyder and the students. The center also staged a mock DWI exhibit. Students made signs to provide information on what happens when you drink and drive. The center closed out the week with an Old Fashion Ice Cream Social/Recovery Rock Painting party.



Westover JCC — Disability/Healthy Living Fair

As part of Disability Awareness Month, Westover Job Corps Center held a Disability/Healthy Living Fair on October 24, 2017. The fair included on-center staff as well as outside presenters. Presenters included CVS Pharmacy with a Flu Clinic, Massachusetts Rehabilitation Commission (Springfield and Holyoke Offices), Connecticut Department of Rehabilitative Services (DORS), Springfield Community College Admissions Office, New England Donor Services, Valley Opportunity Council – Woman, Infant and Children (WIC) Outreach Program, and Service Net – Mental Health Outreach Program. Students were able to spend time with each presenter, ask questions and receive appropriate information to support them while on center and as they prepare for life after their stay at Westover.



2018 Health Observances

January

- January 22-28
National Drug and Alcohol Facts Week
<https://teens.drugabuse.gov/national-drug-alcohol-facts-week>
- January 21-27
Healthy Weight Week
<http://www.healthyweight.net/www.htm>

February

- American Heart Month
<http://americanheart.org>
- Teen Dating Violence Awareness Month
<http://www.breakthecycle.org/teenDVmonth>
- February 2
National Wear Red Day
<https://www.goredforwomen.org>
- February 4
World Cancer Day
<http://www.worldcancerday.org/about/2016-2018-world-cancer-day-campaign>
- February 26-March 4
National Eating Disorders Week
<http://nedawareness.org>

March

- National Nutrition Month
<http://www.eatright.org/resources/national-nutrition-month>
- March 4-11
National Sleep Awareness Week
<https://sleepfoundation.org/SAW>
- March 10
National Women and Girls HIV/AIDS Awareness Day
<https://www.womenshealth.gov/nwghaad>
- March 20
National Native American HIV/AIDS Awareness Day
<http://www.nnhaad.org/>

New on the Job Corps Web



Program Instruction Notices

- PI 17-10 Enhancement of Health and Disability e-Folders
Release Date: October 16, 2017

Information Notices

- IN 17-17 New Effective Date for Student Health Leave and Applicant File Review Policy
Release Date: October 31, 2017
- IN 17-11 Applicant File Review and Student Health Leave - Summary of Upcoming Changes
Release Date: September 29, 2017
- IN 17-09 Influenza Information Update for the 2017-2018 Season
Release Date: September 27, 2017

Directives are available at: <https://supportservices.jobcorps.gov/health/Pages/Documents.aspx>.

Webinars

- Evidence-Based Interventions for Students to Support Employability Part 5: Trauma and Stress-Related Disorders — December 7, 2017
- Creating a Center-wide TEAP Education Program — November 8 & 9, 2017
- Supporting Students with Mental Health Conditions in Job Corps, Part 4: Schizophrenia Spectrum and Other Psychotic Disorders — October 25, 2017
- Center Mental Health Consultant Orientation — October 12, 2017
- Tobacco Use: From Chewing to Vaping — October 4, 2017
- Working with Transgender Students: An Introduction for Medical and Mental Health Providers at Job Corps — September 27, 2017

Webinars are available at: <https://supportservices.jobcorps.gov/health/Pages/Webinars.aspx>.

Web Resources

SAMHSA Mass Violence and Behavioral Health — This issue is available at: <https://www.samhsa.gov/sites/default/files/dtac/srb-mass-violence-behavioral-health.pdf>.

Agency for Healthcare Research and Quality, Mental Health: Research Findings — This report is available at: <https://www.ahrq.gov/research/findings/factsheets/mental/mentalth/index.html>.

American Cancer Society Nicotine Replacement Therapy for Quitting Tobacco — This information is available at: <https://www.cancer.org/healthy/stay-away-from-tobacco/guide-quit-smoking/nicotine-replacement-therapy.html>.